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## **CAN HAPPINESS BE MEASURED? DOES MONEY REALLY BUY HAPPINESS? PROFESSORS DUTT AND RADCLIFF HAVE THE ANSWERS.**

*Notre Dame Professors Explain the Study of Happiness in New Book*

NEW YORK, N.Y., April 25, 2019 – Two university of Notre Dame professors have distilled the study of happiness into a brief volume for anyone who wants to learn what happiness is and how we can create more of it. In the new book entitled *Happiness. A Quick Immersion*, Professors Amitava Krishna Dutt and Benjamin Radcliff explain the research on happiness and resulting conclusions on what individuals and societies can do to make life as satisfying as possible.

“We wrote this book to explain the complex idea of happiness and its determinants based on a wide-ranging body of scholarly research. Although happiness in some senses can be increased by obtaining money and material things, the endless pursuit of money by individuals and societies may well stand in the way of increasing happiness,” says Professor Amitava Krishna Dutt.

“Our book discusses how an individual can best find happiness for themselves, but it also focuses on the question of how we make the *world* a happier place. We try to outline a *social and political agenda* for happiness—a practical agenda of tangible things we as citizens and voters can do to promote human well-being. The fact is that scholars know what we should do if our goal is to provide the greatest happiness for the greatest number,” explains Professor Benjamin Radcliff.

“In this valuable study, an economist and political scientist combine to produce a succinct survey and synthesis of the multidisciplinary literature on happiness and assess its implications for how to improve personal and societal well-being,” praises Richard Easterlin, professor of economics at the University of Southern California and creator of the Easterlin paradox theory.

*Happiness. A Quick Immersion* is the third book in the Quick Immersions series. The goal of the book series is to combine reliable facts with straightforward explanations to aid anyone who would like to expand his or her knowledge of diverse issues in science, humanities, philosophy, and social and political sciences. Both the Kindle (161 pages, \$6.95) and paperback (202 pages, \$12) versions of *Happiness. A Quick Immersion* are now available on [Amazon.com](https://www.amazon.com).

### **About the Authors**

Amitava Krishna Dutt is a Professor of Economics and Political Science at the University of Notre Dame and Distinguished Professor at FLASCO-Ecuador. He has authored several books and numerous papers on happiness, economic growth, inequality and development in academic journals. He is also co-editor of the journals *Metroeconomica* and *Review of Social Economy*.

Benjamin Radcliff is a Professor of Political Science at the University of Notre Dame. He is author of *The Political Economy of Human Happiness* as well as numerous articles on happiness in academic journals. He is also co-editor of the journal *Political Behavior* and associate editor of the *Review of Social Economy*.

### **About Tibidabo Publishing**

Tibidabo Publishing, Inc. is an independent publisher of nonfiction books in science, philosophy, humanities, and political and social sciences. Antoni Comas founded Tibidabo Ediciones in Barcelona in 1983 with the goal of helping people confront new situations in life armed with greater knowledge and skills. In 2018, Comas expanded his publishing company to the English-speaking market with the incorporation of Tibidabo Publishing, based in New York, N.Y. For more information, please follow us on Facebook @[TibidaboPublishing](https://www.facebook.com/TibidaboPublishing) or visit [QuickImmersion.com](https://www.QuickImmersion.com).

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